



**access**  
WELLBEING SERVICES



# YOUR EMPLOYEE ASSISTANCE PROGRAM

Confidential counselling for work-related or personal issues.

## ACCESS WELLBEING SERVICES

designed to assist individuals, teams, managers and organisations



### HEALTH

30% of employees will experience mental health problems.



### ANXIETY

1/4 people will experience anxiety in their lifetime.



### DEPRESSION

is the leading cause of disability in Australia.



Call Us  
1300 66 77 00 (24/7)



Visit our website  
[www.accesswellbeingservices.com.au](http://www.accesswellbeingservices.com.au)